



# Cat Osterman Experience

## Coach (Team) Check List

### Softball Equipment:

- |   |  |
|---|--|
| <input type="checkbox"/> 2 White Softball Shorts or Pants     | <input type="checkbox"/> Scorebook                         |
| <input type="checkbox"/> Sliding Shorts/Kneepads              | <input type="checkbox"/> Playbook                          |
| <input type="checkbox"/> Batting Gloves                       | <input type="checkbox"/> Helmets with ear flaps            |
| <input type="checkbox"/> Rubber Cleats - no metal spikes      | <input type="checkbox"/> Team Banner                       |
| <input type="checkbox"/> Catchers Gear                        | <input type="checkbox"/> Copy of Player Birth Certificates |
| <input type="checkbox"/> Softball Gloves                      | <input type="checkbox"/> Health Information Forms          |
| <input type="checkbox"/> Metal Bats (regulation approved)     | <input type="checkbox"/> Permission/Waiver Forms           |
| <input type="checkbox"/> Wearing of jewelry is not permitted. | <input type="checkbox"/> Umpire Credentials                |

### Clothes:

- |   |  |
|---|--|
| <input type="checkbox"/> 6 Pair Underwear         | <input type="checkbox"/> 1 Pair of sneakers    |
| <input type="checkbox"/> 6 Pair Socks             | <input type="checkbox"/> 2 Swimming suits      |
| <input type="checkbox"/> 6 T-Shirts               | <input type="checkbox"/> 1 Sweatshirt          |
| <input type="checkbox"/> 2 Pair Pants/Jeans       | <input type="checkbox"/> 1 Light Jacket        |
| <input type="checkbox"/> 2 Pair Shorts            | <input type="checkbox"/> 1 Pair Shower Sandals |
| <input type="checkbox"/> Dress Clothes - Optional | <input type="checkbox"/> 1 belt                |

### Bedding:

- |  |   |
|--|---|
| <input type="checkbox"/> Sleeping Bag and/or set of sheets (1 per participant) | <input type="checkbox"/> 2 Pillow cases |
| <input type="checkbox"/> 1 Pillow ( no feathers )                              |   |

### Personal Items:

- |  |   |
|--|---|
| <input type="checkbox"/> Toothpaste                      | <input type="checkbox"/> No Jewelry                         |
| <input type="checkbox"/> Toothbrush with Travel case     | <input type="checkbox"/> Nose/Ear Protection for swimming   |
| <input type="checkbox"/> Deodorant                       | <input type="checkbox"/> Batteries - optional, sold at camp |
| <input type="checkbox"/> Hair comb and/or Brush          | <input type="checkbox"/> Soap                               |
| <input type="checkbox"/> Sunscreen Protection            | <input type="checkbox"/> Towels                             |
| <input type="checkbox"/> Laundry Bag                     | <input type="checkbox"/> Shampoo                            |
| <input type="checkbox"/> Sun Glasses                     | <input type="checkbox"/> Prescribed Medications             |
| <input type="checkbox"/> Camera - optional, sold at camp |   |

### Quick Tips:

1. Pack Light, (2 bag maximum)
2. Send OLD stuff, no need to buy new
3. Overnight Laundry Service Available, (see website)
4. Label EVERYTHING!

- Players are responsible for their own items at all times
- Cat Osterman Experience is not responsible for any lost or stolen items
- Health Information and Waiver forms are on the website
- Department of Health forbids bringing food or beverages into Village.